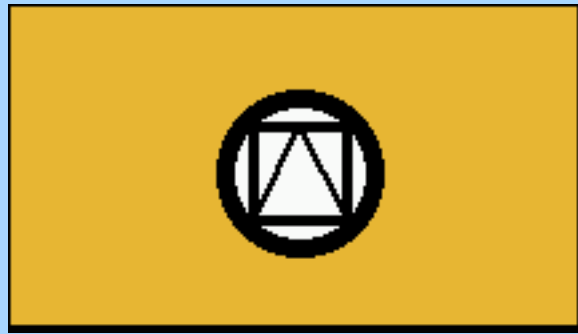


Essentially



His High Witness, The Prophet V

A BEGINNER'S GUIDE TO THE
FULL RELIGIOUS AND POLITICAL TEXT OF
"INTEGRITY", EARLY EDITION (2015)

About “Integrity” (2015) – the book that inspired “Essentially” (2015)

Most of the world’s religions follow the same basic pattern of thought. They claim (or at least, *try* to claim) that love is the most important thing in the world, and that religion’s main purpose is to teach us morals based around love. Love appeals to us more than almost any other emotion, because of its warmth and kindness. Yet for all our aspirations to be compassionate, we find ourselves in a world of chaos and frustrated ambitions; a world of wild contradictions in which we are bombarded with information, yet little seems to make sense. And if we turn away from religion altogether, why do we get a strange and eerie sense that there is far more to life than just a series of raw facts?

The 'religions of love' have set us up to fail, and what passes today for compassion ends up leading to chaos. **Omeganism** is a strict, yet optimistic and balanced new religion, driven by careful thought rather than moralistic gut reactions. Instead of asking how we can behave better, first we should ask - What *thought-pictures* can we learn to form in our minds to transcend the limits of this life? What harmful philosophical, political and sexual barriers stand in our way, and how might we eventually break free from them?

By making our vision of God solely one of love, without meditating on our place in this life and in lives far beyond, we are heading in the wrong direction. Love has its correct place, but the most perfect response to our imperfect world is not love, but anger. It is our perfectly natural human imperfections that cause us to seek love, but cold, dispassionate anger can help us to transcend the limits of this world, re-ordering our minds for worlds far beyond our own.

Now more than ever, we need the right balance between spiritual discipline, imagination and clarity, in which moral compassion is the servant of spiritual contemplation, not the master. We must not impose order out of a sense of moral panic, but because we have planned for it, removing what stands in the way, integrating only those things that lead to clarity and a sense of purpose.

We must lead a life of INTEGRITY, in every sense of the word.

<http://www.facebook.com/Integritythebook>

About The Author

His High Witness, The Prophet V was born in Yorkshire, England in the 1970s. His first spiritual experience was in 1992, followed by another three years later and then one further experience. These experiences formed the basis of his first (as yet) unpublished works.

He has studied at two universities and has a BSc in Information Management and a Postgraduate Certificate in Education. Throughout, he has a particular interest in the bringing management and systems thinking to audiences from outside the business world. He has worked in a number of varying fields, from transport to public administration and has also undertaken independent research in Canada.

MUSIC

As well as being an author and blogger, he is also a music artist. Most of his music can be found at:

<http://www.reverbnation.com/vwordsandmusic>

<http://www.myspace.com/vwordsandmusic>.

<http://soundcloud.com/vwordsandmusic>

HOW TO GET YOUR OWN FULL 555-PAGE COPY OF “INTEGRITY”

Integrity is not available in any shop, nor through any online provider (e.g: Amazon). It is only available from public events where the author is present.

CONTACT THE AUTHOR

The main way to contact His High Witness is by Twitter @theprophetv or by telephone / text on 07564 721121. He is available for public speaking events at selected times of year. Out of courtesy, it would be advisable to provide full or partial re-imburement of travel costs.

WORD OF WARNING

Abuse of any blog or telephone number may result in immediate blocking by the service provider.

PART ONE: STAY FOCUSED

It's difficult because it has to be

It's the old story. If something is new and unfamiliar, some people have a tendency to dismiss it out of hand.

What is being put forward both here in "Integrity" (2015) takes time and perseverance to understand. It's not for people that want a quick fix for their problems.

When it comes to spiritual faith, maybe you were hoping for some sort of "moral guidance": for a simple way to live with simple rules.

Well, *Omeganism* kicks *that* idea into the long grass. You want it easy? Forget it. It's just not going to happen. There are moral codes to follow, but that's not the main purpose of my religion. The main purpose is to understand this life - and more importantly, lives far beyond our own.

A message from the future

If there really is God (which there is) and God is all-powerful (which must be true), then it follows that it is possible for God to send messages from the future.

Without going into too much detail, that is exactly what happened to me. Part of this book tells my story of how it happened, why it happened and what truths God revealed to me.

The senders of these messengers are not creatures, but "alien spirits" sent from the future, far more intelligent than any human.

"Why should I care, and how is this relevant to me?"

Let me address a few concerns:

a) This won't help me at home, at work, or with my business

Not true. There's an entire chapter in Integrity called "**Opportunities**" and other sections dealing with ethical working practices and family life.

b) There's nothing about racism or women's issues.

Wrong again. **Integrity** comes down very firmly against prejudices based on colour. There is also an entire chapter called "**Women**".

c) "I don't believe in God"

Just because you don't believe in God, that doesn't mean you can't learn from reading a religious text! After all, you probably decided you didn't believe in God after reading the last one.

d) "I don't want to believe in Jesus"

Very little to do with Christianity or ANY mainstream religion. Just in case you thought otherwise.

e) "You don't sound very 'moral' to me"

Well done for spotting that! The morality of The Faith is radically different from anything taught within mainstream society.

f) "Religion is always telling people how to behave, but never how to think."

That's why Omeganism is different. So why are you arguing with me?

PART TWO: THE OMEGAN RELIGION - SIX BASIC LESSONS

Lesson 1: Packet Switching

Omeganism is not a list of moral instructions or fables to teach us how to be “good”. It’s a *planned system*. In fact, it operates in some of the same ways that computers operate.

Even if you can’t remember anything else I say in Integrity, remember the term *Packet Switching* – a term taken and adapted from computer science for use in a religious context. That’s the part of Omeganism that allows spiritual change to happen whilst also keeping things stable and constant.

So, just to make that a bit clearer.

- * Some things have to remain constant, so that spiritual visions can “hit” the individual in an understandable way.
- * Some things have to “switch” or “swap” around according to the situation.
- * Together, these constants and “switchable” parts can be mapped and studied. And that’s how we can get Omegan spiritual truth in a more logical way than we might find in other religions.

OK, got that? Good. You’ve had *your first lesson in Omeganism*.

Lesson 2: Shapes and Colours

Some shapes and colours suggest the natural world, and they are important, but even more important are those shapes and colours that suggest worlds far beyond our own.

The black triangle is the most important symbol in Omeganism. It represents something un-earthly and unsettling. And that in itself is

important. Things are “too earthly” and too much like everyday life are fine when we’re praying or meditating about that, but useless when we’re trying to get beyond it all.

You don’t see many triangles in nature. That’s one reason why they can create such an unusual spiritual energy.

One “opposite” of the black triangle might be said to be the pink circle, which suggests something of the feminine, both in its colour and its curvaceous shape. That’s great for channelling love-energy – but absolutely useless for the ultimate power-energies that Omeganism tries to steer us towards.

Lesson 3: Philosophers and The Moral Maze

Karl Marx once famously said, “Philosophers have tried to understand the world in various ways. The point, however, is to change it.” Understanding can aid change, but we have to be careful not to get bogged down in too many details, *or too few* (as Marxism can do sometimes)

Philosophers often try to prove either there is a god or that there isn’t based on the morality of the religion. But with Omeganism, they’d be barking up the wrong tree. Morality is not the main point of Omeganism. All the same, I have had to address it in my book, or people would wonder why it wasn’t there!

Trying to down Omegan morality to just a short summary was a daunting task, but here’s one phrase that I want you to hold in your head....

LEAST HARM FIRST

The essentially principle of *Least Harm First* does not mean we can never do any harm to others, because that

might rule out such things as self-defence or the right to be offended and respond in kind. Indeed, it might simply mean that we choose between the least harmful of two equally awkward and potentially harmful options.

Lesson 4: Sex and Social Harmony

Sex is *the* primary example of where Least Harm First principles apply at their most essential. Sex can, *in the right hands*, show us at our most loving and compassionate, so that even when there is discomfort, we are willing to accept it in a spirit of love and compassion. Sex can lead to things that are both good and bad, and is used as a key example. Indeed, the example of sex takes up a good portion of the book's later chapters. However, Omeganism is *not* a sex religion, and I certainly don't want sexual matters to predominate in *this* book, any more than it does in *Integrity!* Whenever we create one freedom, we must counterbalance that with a new responsibility. That may even mean going against Omegan principles if the need to conform outweighs the advantages in acting on them.

The news for those identifying as "gay" is mixed. Omeganism does not recognise separate and distinct categories of "straight", "gay", "lesbian", "bisexual" or anything else that might divide us by sexual preference. Instead, it is important to understand that every single one of us is required to change our sexual behaviour to meet correct Omegan principles, whether we are in favour of homosexuality or not. "Gay" is an unhelpful and exclusory term. Homosexual love is natural, but it is only acceptable in the right context. Sexual morality is never as simple or "pigeonholed" as we might like to think it is.

Whatever our sexuality, there is always a need for balance. A "free-for-all" in morality of any kind is a recipe for chaos, and must *never* be tolerated.

Lesson 5: Politics and Society

So, if we're trying to build an Omegan society of Least Harm First, we might still find that it clashes with other people's ideas of right or wrong. So what can we do about that? The revolutionary system that is proposed is loosely termed "God's Republic".

The *Democratic Method* would be to go with whatever most people seemed to want, and to have a vote on it. But that assumes that just because most people want something that it must be right. What if people voted to bring back the death penalty and ended up killing the wrong person? That is one possible end-result of the Democratic Method.

Almost as important is the idea that multicultural and multi-faith environments often produces weaknesses and compromises which they then cover over with aggression. This is especially true when it comes to democracy's treatment of Judaism, Christianity and Islam. These three religions and their respective cultures often get favourable treatment by governments at the expense of other (often minority) religions, and have an unhealthy and disproportionate influence on social policy, often in ways that are not immediately obvious.

If it were true that Omeganism is the right way to live, and that this religion is incompatible with people of those religions, then why would anyone suggest that they should be forced to live together, as is so often the reality today?

We can't simply replace democracy with dictatorship. The later chapters in

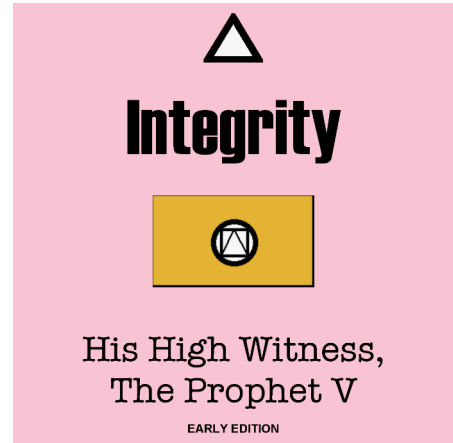
Integrity explain precisely what democracy should be replaced with, so as to safeguard the freedoms of society whilst also upholding the spirit of God's Republic.

In essence, where Least Harm First seems to suggest that equality is the best way of doing things, then this is what is proposed, especially where there are vast inequalities between rich and poor. However, there are occasions when it is likely that equality will produce a weak and unstable constitution,. That is why Omegan politics proposes a *theocracy* (religious government) rather than a *democracy*.

Lesson 6: Remember the spirits from the future

However important it may be to think about this life and to try to solve human problems, remember, *the main point of my religion is to get as far away from earthly life as is possible.*

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**“EVERYBODY WORKS BETTER
WITH INTEGRITY.”**

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